

family to family



Product Nutritional Profile

	SKU	Serving Size	Protein (g)	Phenylalanine (mg)	Valine (mg)	Leucine (mg)	Isoleucine (mg)	Methionine (mg)	Tyrosine (mg)	Theonine (mg)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)	Phosphorus (mg)
<i>Aproten Anellini</i>	79034	62 g	0.37	18.6	3	8	3	1	3	2	213	10	0.5	1	0	10	10	51	0.2	17	0	0	0	0	0
<i>Aproten Ditalini (little thimbles)</i>	79430	62 g	0.37	18.6	3	8	3	1	3	2	213	10	0.5	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Fettuccine (small ribbons)</i>	79317	62 g	0.37	18.6	3	8	3	1	3	2	213	10	0.5	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Fusilli (spirals)</i>	78938	62 g	0.37	18.6	3	8	3	1	3	2	213	10	1	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Penne (quills)</i>	78839	62 g	0.37	18.6	3	8	3	1	3	2	213	10	1	1	0	10	10	51	0	0.2	0	0	0	0	0
<i>Aproten Rigatini (large grooved)</i>	79232	62 g	0.37	18.6	3	8	3	1	3	2	213	10	1	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Spaghetti (traditional style)</i>	78709	62 g	0.37	18.6	3	8	3	1	3	2	213	10	1	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Tagliatelle (long ribbons)</i>	79119	62 g	0.37	18.6	3	8	3	1	3	2	213	10	1	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>CBF Alfredo Sauce Mix</i>	10812	1 Tablespoon (8 grams)	0.43	13	17	27	17	4	6	18	25	0	0	0	0	480	45	5	0	0	0	0	0	0	2
<i>CBF All Purpose Baking Mix</i>	10201	1 cup (100 g)	0.42	2	5	4	2	1	0	2	410	90	10	2	0	20	15	79	2	11	0	0	0	0	0
<i>CBF American Cheese Singles - 2 pack</i>	20311	1 slice (19 g)	0.4	20	26	37	20	9	17	17	35	20	2.5	0	0	210	15	3	0	0	0	0	0	0	3
<i>CBF Apple Breakfast Bar</i>	10614	63 g (1 bar)	0.3	18	18	18	16	3	6	15	160	70	8	4	10	300	35	25	1	6	2	0	2	0	0
<i>CBF Artisan Bread</i>	10101	1/3 roll (52 g)	0.14	11	16	19	10	3	4	10	110	15	1.5	0	0	210	20	25	2	1	2	0	8	0	0
<i>CBF Asian Dumpling</i>	10421	1 dumpling (63 g)	0.4	25	27	28	15	5	10	18	100	15	1.5	0	0	180	75	20	2	1	20	15	2	2	2
<i>CBF Baby Boule Artisan Bread</i>	10116	1/4 boule (56 g)	0.3	17	18	23	13	5	5	14	120	15	1.5	0	0	230	25	27	2	2	2	0	8	0	0
<i>CBF Barbecue Calzones</i>	10912	1 calzone (148 g)	0.8	42	39	58	29	12	22	34	250	30	3.5	0.5	0	440	170	54	3	6	15	20	10	2	2
<i>CBF Blueberry Breakfast Bars</i>	10617	71 g (1 bar)	0.3	20	20	33	16	4	7	16	220	90	9	4.5	15	280	50	35	2	12	4	0	0	0	2
<i>CBF Blueberry Corn Toasties</i>	10615	52 g (1 toastie)	0.1	3	3	4	2	1	0	2	150	35	4	0	0	140	40	31	4	6	0	0	6	0	2
<i>CBF Blueberry Scones</i>	10610	~ 58 g	0.2	8	10	14	7	3	4	8	190	60	6	2.5	10	190	15	34	<1	8	2	0	10	0	0
<i>CBF Brookelyn Dog Buns</i>	10616	89 g (1 bun)	0.3	16	13	21	11	19	11	9	200	40	4.5	0	0	330	25	41	3	3	2	0	15%	0	0
<i>CBF Brookelyn Dogs</i>	10918	1 dog (2 oz/56 g)	0.5	27	28	49	21	9	15	24	80	0	3.5	1.5	0	95	100	20	4	1	2	15	0	2	2
<i>CBF Butterscotch Chip Cookies</i>	10507	35 g (1 cookie)	0.1	4	5	7	4	1	2	4	150	60	7	3.5	5	90	15	23	2	9	2	0	4	0	2
<i>CBF Camburger Buns</i>	10124	1 bun ~ 80 g	0.1	6	9	11	7	3	4	7	130	15	2	0	0	250	25	31	2	2	2	0	10	0	0
<i>CBF Camburgers</i>	10901	1 burger (71 g)	1	51	48	68	40	8	21	48	90	25	2.5	0	0	170	260	16	2	3	2	2	4	2	6
<i>CBF Cheddar Shreds</i>	10314	1/3 cup (30 g)	0.7	37	42	66	36	13	28	35	80	50	6	1.5	0	320	25	7	0	1	0	0	0	0	6
<i>CBF Cheese Filled Meatballs</i>	10917	72 g (2 veggie balls)	0.7	34	41	52	28	9	14	32	70	30	3	1	0	130	160	12	3	1	25	8	2	4	4
<i>CBF Cheese Pizza</i>	10903	1 pizza (139 g)	0.95	44	45	67	38	9	21	39	260	70	7	1	0	690	55	50	4	5	6	6	15	2	4
<i>CBF Cheese Ravioli</i>	10413	4 Raviolis (54 g)	0.3	17	17	31	14	7	8	15	110	30	3	1	0	240	15	20	1	1	0	0	0	2	2
<i>CBF Chicken Consomme and Seasoning</i>	10811	3 grams (1 tsp) dry	0.3	1	1	2	1	.2	.2	1	5	0	0	0	0	650	10	1	0	0	0	0	0	0	0
<i>CBF Chocolate Cha Cha's</i>	10701	4 pieces (24 g)	0.3	22	25	34	18	4	16	18	140	80	9	5	0	0	20	15	0	14	0	0	0	0	0
<i>CBF Cinnamon and Raisin Gems</i>	10703	1 cookie (24 g)	0.2	9	10	15	9	3	4	9	100	45	5	3	10	15	10	13	0	5	2	0	0	0	0
<i>CBF Cinnamon Raisin Swirl Bread</i>	10111	1 slice (50 g)	0.24	14	16	20	12	6	5	13	120	10	1.5	0	0	170	60	25	2	4	2	0	10	2	0
<i>CBF Corny Dogs</i>	10915	50 g (1 dog)	0.3	13	15	26	11	5	9	13	150	60	6	2.5	5	75	65	25	2	3	20	6	2	0	0
<i>CBF Cranberry Scones</i>	10608	~ 58 g	0.2	6	6	9	4	2	3	4	190	60	6	2.5	10	190	15	35	<1	7	2	2	10	0	0



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<i>CBF Focaccia Sticks - Italian Style</i>	10123	1 stick (51 g)	0.25	13	16	21	12	3	8	13	120	30	3	0	0	200	25	24	2	1	2	0	8	2	0	
<i>CBF Fudgy Brownies</i>	10700	1/9 th of tray (~40 g)	0.3	18	19	24	13	4	6	16	150	70	7	4.5	20	60	10	22	2	10	4	0	0	2	0	
<i>CBF Gourmet Chocolate Chip Cookie Dough</i>	10505	28 grams (1 cookie)	0.2	3	3	4	2	1	1	2	120	50	6	2	15	150	25	16	0	7	4	0	0	0	0	
<i>CBF HomeStyle Sliced White Bread</i>	10110	1 slice (50 g)	0.1	5	8	7	5	1	3	5	110	10	1.5	0	0	190	0	22	2	1	2	0	8	0	0	
<i>CBF Jalapeño Cheese Singles - 2 pack</i>	20313	1 slice (19 g)	0.4	20	25	36	20	10	17	18	35	20	2.5	0	0	220	15	3	0	0	0	0	0	0	4	
<i>CBF Mini Pockets - PB&J</i>	10913	86 g (2 pockets)	0.6	27	29	43	25	13	24	23	270	120	13	2.5	0	290	25	39	2	11	2	0	10	0	2	
<i>CBF Mini Pockets - Pizza</i>	10909	84 g (2 pockets)	0.8	35	31	49	26	32	19	25	220	110	12	1.5	0	420	35	29	2	4	4	4	8	2	2	
<i>CBF MixQuick</i>	10202	1 cup (100 g)	0.3	1	2	2	1	0	0	1	370	80	9	2	0	680	30	77	2	6	0	0	25	2	0	
<i>CBF Mozzarella Shreds</i>	10315	1/3 cup (30 g)	0.7	35	48	70	39	15	30	37	80	50	6	1	0	300	25	7	0	1	0	0	0	0	6	
<i>CBF Pasta Duets - Creamy Garlic and Broccoli</i>	10410	66 g (dry, as packaged)	0.6	29	33	48	24	12	17	24	230	5	0.5	0	0	550	20	54	<1	0	2	15	0	2	2	
<i>CBF Pasta Duets - Macaroni and Cheese</i>	10406	66 g (dry, as packaged)	0.8	28	23	37	21	6	9	22	240	10	1.5	1	0	590	50	54	0	1	0	0	2	4	6	
<i>CBF Pasta Duets - White Cheddar Mac</i>	10428	66 g (dry, as packaged)	0.5	26	13	52	28	10	10	29	240	10	1.5	0	0	580	20	54	0	1	0	0	2	4	2	
<i>CBF Pasta Solo - Elbows</i>	10401	2 oz dry (57 g)	0.1	8	3	17	7	3	2	6	200	0	0	0	0	0	0	49	0	0	0	0	0	0	4	2
<i>CBF Pasta Solo - Spaghetti</i>	10409	2 oz dry (57g)	0.1	8	3	17	7	3	2	6	200	0	0	0	0	0	0	49	0	0	0	0	0	0	4	2
<i>CBF Pasta Solo - Vermicellini</i>	10402	2 oz dry (57 g)	0.1	8	3	17	7	3	2	6	200	0	0	0	0	0	0	49	0	0	0	0	0	0	4	2
<i>CBF Peanut Butter Chocolate Chip Cookies</i>	10506	35 g (1 cookie)	0.2	6	5	11	3	2	3	3	160	70	8	3.5	5	90	15	23	2	9	2	0	4	0	2	
<i>CBF Petite Country Pies - Apple</i>	10603	159 g (1/2 pie)	0.4	8	13	17	10	4	6	8	470	210	24	10	0	240	10	66	1	35	0	2	0	2	0	
<i>CBF Petite Country Pies - Blueberry</i>	10604	159 g (1/2 pie)	0.5	22	28	37	21	8	14	18	340	210	24	10	0	240	35	60	2	28	0	4	0	2	0	
<i>CBF Petite Country Pies - Variety</i>	10605	159 g (1/2 pie)																								
<i>CBF Pierogi</i>	10412	4 Pierogi (58 g)	0.5	25	28	38	22	8	13	21	120	15	1.5	0.5	0	370	55	24	2	0	0	6	0	2	2	
<i>CBF Pizza Blanca</i>	10904	1 pizza (150 g)	1.1	51	50	75	41	9	24	44	250	50	6	2	5	630	120	49	4	5	4	4	15	4	2	
<i>CBF Pizza Primavera</i>	10908	1 pizza (152 g)	1.1	51	54	71	41	10	23	44	265	70	7	1	0	710	75	50	4	5	8	15	15	2	4	
<i>CBF Portabella Spinach Ravioli</i>	10411	4 Raviolis (56 g)	0.4	21	25	29	18	7	16	16	110	30	3.5	1.5	0	220	60	18	2	0	6	2	2	2	2	
<i>CBF Raspberry Gems</i>	10702	1 cookie (24 g)	0.2	8	13	16	9	3	3	8	90	30	3.5	2	5	15	0	14	0	8	2	0	0	0	0	
<i>CBF Santa Fe Biscuits</i>	10914	1 filled biscuit (142 g)	1.3	59	51	78	43	15	34	51	460	180	20	9	15	660	135	68	2	13	15	15	20	2	4	
<i>CBF Shake 'N' Cheese</i>	10309	3 gms (1 teaspoon)	0.22	8	6	10	9	4	7	9	15	0	0	0	0	180	5	2	0	0	0	0	0	0	0	
<i>CBF Short Grain Rice</i>	10407	1/3 cup (50 g) dry	0.25	11	12	20	8	6	6	7	180	0	0	0	0	0	0	42	0	0	0	0	0	0	12	
<i>CBF Southwestern Biscuits</i>	10611	1 biscuit (50 g)	0.3	10	12	16	10	6	6	9	190	80	10	4	5	210	15	26	0	5	2	2	8	0	2	
<i>CBF Sugar Cookie Dough</i>	10607	28 g (1 cookie)	0.2	2	2	3	1	0.5	0.8	1	110	50	5	2	5	135	0	18	0	9	2	0	0	0	0	
<i>CBF Swiss Cheese Singles - 2 pack</i>	20312	1 slice (19 g)	0.4	20	26	37	20	9	17	17	35	20	2.5	0	0	210	15	3	0	0	0	0	0	0	4	
<i>CBF Toaster Topz - Banana Chip</i>	10612	1 toaster top (52 g)	0.1	6	7	9	5	1	2	5	160	45	5	1	0	150	25	33	5	9	0	0	6	2	2	
<i>CBF Toaster Topz -Tropical</i>	10613	1 toaster top (52 g)	0.1	3	5	6	3	1	2	3	150	35	4	0.5	0	150	20	33	5	8	0	2	6	0	2	
<i>CBF Tortilla Wraps</i>	10121	45 g (1 tortilla)	0.4	26	19	33	15	5	7	12	110	20	2.5	0.5	0	170	10	22	<1	0	0	0	10	0	6	
<i>CBF Tuscan Pizza Crusts</i>	10115	1/4 crust (52 g)	0.3	16	17	21	12	5	5	13	110	15	1.5	0	0	210	20	25	2	1	2	0	8	0	0	



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<i>CBF Twēēkz</i>	10902	<i>3 pieces (96 g)</i>	0.9	44	45	58	35	7	18	42	170	60	7	1	0	640	115	28	4	2	2	2	4	4	0
<i>CBF Veggie Meatballs</i>	10911	<i>2 Meatballs (64 g)</i>	0.6	29	35	44	23	7	11	28	50	15	1.5	0	0	100	150	10	3	1	25	10	2	2	2
<i>CBF Wheat Starch</i>	10203	<i>3/4 cup (100g) packed</i>	0.1	6	7	9	4	3	3	3	350	0	0	0	0	0	15	86	0	0	0	0	0	0	0
<i>MACPAD's Family-Friendly PKU Recipes</i>	54550																								
<i>Wise Onion Rings</i>	27074	<i>1 bag (14 g)</i>	0.26	13	5	7	4	1	1	4	70	30	3	1	0	210	0	10	0	0	0	0	0	0	13



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