

family to family



Product Nutritional Profile	SKU	Serving Size	Protein (g)	Phenylalanine (mg)	Valine (mg)	Leucine (mg)	Isoleucine (mg)	Methionine (mg)	Tyrosine (mg)	Theonine (mg)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)	Phosphorus (mg)
<i>Aproten Anellini (tiny circles)</i>	79034	62 g	0.37	18.6	3	8	3	1	3	2	220	10	0	0	0	530	1100	51	2	0	0	0	0	0	0
<i>Aproten Chicchi (little rice)</i>	78754																								
<i>Aproten Ditalini (little thimbles)</i>	79430	62 g	0.37	18.6	3	8	3	1	3	2	213	10	0.5	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Fettuccine (small ribbons)</i>	79317	62 g	0.37	18.6	3	8	3	1	3	2	213	10	0.5	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Fusilli (spirals)</i>	78938	62 g	0.2	10	11	22	7	3	2	6	220	0	0	0	0	530	1100	51	2	0	0	0	2	0	0
<i>Aproten Rigatini (large grooved)</i>	79232	62 g	0.37	18.6	3	8	3	1	3	2	213	10	1	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Spaghetti (traditional style)</i>	78709	62 g	0.37	18.6	3	8	3	1	3	2	213	10	1	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>Aproten Tagliatelle (long ribbons)</i>	79119	62 g	0.37	18.6	3	8	3	1	3	2	213	10	1	1	0	10	10	51	1.7	0.2	0	0	0	0	0
<i>CBF Alfredo Sauce Mix</i>	10812	1 Tablespoon (8 grams)	0.31	13	18	27	17	4	6	17	25	0	0	0	0	490	20	5	0	0	0	0	0	0	2
<i>CBF All Purpose Baking Mix</i>	10201	1 cup (100 g)	0.42	2	5	4	2	1	0	2	410	90	10	2	0	20	15	79	2	11	0	0	0	0	0
<i>CBF American Cheese Singles - 2 pack</i>	20311	1 slice (19 g)	0.4	20	26	37	20	9	17	17	35	20	2.5	0	0	210	15	3	0	0	0	0	0	0	3
<i>CBF Apple Breakfast Bar</i>	10614	1 bar (63 g)	0.3	18	18	18	16	3	6	15	160	70	8	4	10	300	35	25	1	6	2	0	2	0	0
<i>CBF Artisan Bread</i>	10101	1/3 roll/petit pain (52g)	0.3	6	7	8	6	3	4	6	110	15	1.5	0	0	250	0	24	4	1	0	0	4	0	0
<i>CBF Asian Dumpling</i>	10421	1 dumpling (63 g)	0.4	25	27	28	15	5	10	18	100	15	1.5	0	0	180	75	20	2	1	20	15	2	2	2
<i>CBF Baby Boule Artisan Bread</i>	10116	1/4 boule (56g)	0.3	6	7	8	6	3	4	6	120	15	1.5	0	0	250	0	27	4	1	0	0	4	0	0
<i>CBF Bagel Bars - French Toast</i>	10625	1 bagel (53g)	0.49	23	23	33	17	6	12	17	140	25	5	1.5	0	290	0	26	4	6	0	0	6	2	0
<i>CBF Bagel Bars - Mixed Fruit</i>	10626	1 bagel (53g)	0.5	25	25	36	19	6	12	17	130	25	3	0	0	290	60	28	4	7	2	0	6	4	0
<i>CBF Bagels - Cinnamon Raisin</i>	10618	1 bagel (53g)	0.4	23	23	34	21	5	13	18	110	10	1	0	0	290	0	26	5	3	0	0	6	10	0
<i>CBF Bagels - Onion</i>	10620	1 bagel (53g)	0.4	24	23	34	21	6	13	17	110	10	1	0	0	290	0	26	5	2	0	0	6	10	0
<i>CBF Bagels - Plain</i>	10622	1 bagel (53g)	0.4	21	21	32	16	5	11	16	110	10	1	0	0	290	0	25	5	1	0	0	6	10	0
<i>CBF Barbecue Calzones</i>	10912	1 calzone (228 g)	0.8	42	39	58	29	12	22	34	250	30	3.5	0.5	0	440	170	54	3	6	15	20	10	2	2
<i>CBF Blueberry Breakfast Bars</i>	10617	71 g (1 bar)	0.3	20	20	33	16	4	7	16	220	90	9	4.5	15	280	50	35	2	12	4	0	0	0	2
<i>CBF Blueberry Corn Toasties</i>	10615	52 g (1 toastie)	0.1	3	3	4	2	1	0	2	150	35	4	0	0	140	40	31	4	6	0	0	6	0	2
<i>CBF Blueberry Scones</i>	10610	~ 58 g (1 scone)	0.2	8	10	14	7	3	4	8	220	80	9	2.5	5	170	10	35	<1	7	2	0	10	0	0
<i>CBF Brookelyn Dog Buns</i>	10616	1 bun/petit pain (89g)	0.3	9	9	17	8	5	2	9	240	60	7	0.5	0	380	0	47	4	4	0	0	6	0	0
<i>CBF Brookelyn Dogs</i>	10918	1 dog (2 oz/56 g)	0.5	27	28	49	21	9	15	24	80	0	3.5	1.5	0	95	100	20	4	1	2	15	0	2	2
<i>CBF Butterscotch Chip Cookies</i>	10507	35 g (1 cookie)	0.1	4	5	7	4	1	2	4	150	60	7	3.5	5	90	15	23	2	9	2	0	4	0	2
<i>CBF Camburger Buns</i>	10124	1 bun/petit pain (~80g)	0.3	6	9	11	6	3	4	6	130	15	2	0	0	320	0	31	5	2	0	0	4	0	0
<i>CBF Camburgers</i>	10901	1 burger (71 g)	1.3	50	85	85	57	14	21	57	80	25	2.5	0	0	160	250	14	2	3	2	2	2	2	6
<i>CBF Cheddar Shreds</i>	10314	1/3 cup (30 g)	0.7	37	42	66	36	13	28	35	80	50	6	1.5	0	320	25	7	0	1	0	0	0	0	6
<i>CBF Cheese Filled Meatballs</i>	10917	72 g (2 veggie balls)	0.7	34	41	52	28	9	14	32	70	30	3	1	0	130	160	12	3	1	25	8	2	4	4
<i>CBF Cheese Pizza</i>	10903	1 pizza (139 g)	0.95	44	45	67	38	9	21	39	260	70	7	1	0	690	55	50	4	5	6	6	15	2	4
<i>CBF Cheese Ravioli</i>	10413	4 Raviolis (54 g)	0.3	17	17	31	14	7	8	15	110	30	3	1	0	240	15	20	1	1	0	0	0	2	2
<i>CBF Chicken Consomme and Seasoning</i>	10811	3 grams (1 tsp) dry	0.4	1	1	2	1	.2	1	1	5	0	0	0	0	650	10	1	0	0	0	0	0	0	0



CBF = Cambrooke Foods  
1/31/2012

family to family



**Product Nutritional Profile**

SKU	Serving Size	Protein (g)	Phenylalanine (mg)	Valine (mg)	Leucine (mg)	Isoleucine (mg)	Methionine (mg)	Tyrosine (mg)	Theonine (mg)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)	Phosphorus (mg)
CBF Chocolate Cha Cha's	10701 4 pieces (24 g)	0.3	22	25	34	18	4	16	18	140	80	9	5	0	0	20	15	0	14	0	0	0	0	0
CBF Cinnamon and Raisin Gems	10703 1 cookie (45 g)	0.3	17	19	27	17	6	8	16	180	90	10	6	20	30	20	24	0	9	4	0	0	0	0
CBF Cinnamon Raisin Swirl Bread	10111 1 slice (50 g)	0.1	14	16	20	12	6	5	13	160	10	1	0	0	400	0	26	4	4	0	0	10	25	0
CBF Corny Dogs	10915 50 g (1 dog)	0.3	13	15	26	11	5	9	13	150	60	6	2.5	5	75	65	25	2	3	20	6	2	0	0
CBF Cozy Mornings™ - Apple Cereal	10418 3 Tbsp (30 g)	0.1	3	2	5	2	1	2	3	100	0	0	0	0	0	120	27	2	1	15	0	15	15	0
CBF Cranberry Scones	10608 ~ 58 g (1 scone)	0.2	6	5	9	3	2	3	3	220	80	9	2.5	5	170	10	35	<1	7	2	2	10	0	0
CBF Focaccia Sticks - Italian Style	10123 1 stick (51 g)	0.25	13	16	21	12	3	8	13	120	30	3	0	0	250	30	24	4	1	0	0	4	2	10
CBF Fudgy Brownies	10700 1/9 th of tray (~40 g)	0.3	18	19	24	13	4	6	16	170	80	9	4	15	55	5	22	2	9	4	0	0	2	0
CBF Gingerbread	10705 1/9 th of tray (56 g)	0.2	4	7	7	5	2	3	4	170	70	8	4	15	200	220	25	0	6	4	0	8	8	0
CBF Gourmet Chocolate Chip Cookie Dough	10505 28 grams (1 cookie)	0.2	3	3	4	2	1	1	2	120	55	6	2.25	2.5	170	0	16	0	7	4	0	0	2	0
CBF HomeStyle Sliced White Bread	10110 1 slice (50 g)	0.1	5	8	7	5	1	3	5	110	10	1.5	0	0	190	0	22	2	1	2	0	8	0	0
CBF Jalapeño Cheese Singles - 2 pack	20313 1 slice (19 g)	0.4	20	25	36	20	10	17	18	35	20	2.5	0	0	220	15	3	0	0	0	0	0	0	4
CBF Mini Pockets - PB&J	10913 2 pockets (86g)	0.6	27	29	43	25	13	24	23	270	120	13	2.5	0	290	25	39	2	11	2	0	10	0	2
CBF Mini Pockets - Pizza	10909 2 pockets (84g)	0.8	35	31	49	26	32	19	25	220	110	12	1.5	0	420	35	29	2	4	4	4	8	2	2
CBF MixQuick	10202 1 cup (100 g)	0.3	1	2	2	1	0	0	1	370	80	9	2	0	680	30	77	2	6	0	0	25	2	0
CBF Mozzarella Shreds	10315 1/3 cup (30 g)	0.7	35	48	70	39	15	30	37	80	50	6	1	0	300	25	7	0	1	0	0	0	0	6
CBF Pasta Duets - Creamy Garlic and Broccoli	10410 66 g (dry, as packaged)	0.6	29	33	48	24	12	17	24	230	5	0.5	0	0	550	20	54	<1	0	2	15	0	2	2
CBF Pasta Duets - Macaroni and Cheese	10406 66 g (dry, as packaged)	0.49	25	27	50	27	9	10	28	240	10	1	0	0	580	20	55	0	2	0	0	2	4	2
CBF Pasta Duets - White Cheddar Mac	10428 66 g (dry, as packaged)	0.5	26	13	52	28	10	10	29	240	10	1.5	0	0	580	20	54	0	1	0	0	2	4	2
CBF Pasta Solo - Elbows	10401 2 oz dry (57 g)	0.1	8	3	17	7	3	2	6	200	0	0	0	0	0	0	49	0	0	0	0	0	4	2
CBF Pasta Solo - Pagodas	10423 2 oz dry (57 g)	0.1	8	3	17	7	3	2	6	200	0	0	0	0	0	0	49	0	0	0	0	0	4	2
CBF Pasta Solo - Spaghetti	10409 2 oz dry (57g)	0.1	8	3	17	7	3	2	6	200	0	0	0	0	0	0	49	0	0	0	0	0	4	2
CBF Pasta Solo - Vermicellini	10402 2 oz dry (57 g)	0.1	8	3	17	7	3	2	6	200	0	0	0	0	0	0	49	0	0	0	0	0	4	2
CBF Peanut Butter Chocolate Chip Cookies	10506 1 cookie (35g)	0.2	6	5	11	3	2	3	3	160	70	8	3.5	5	90	15	23	2	9	2	0	4	0	2
CBF Pierogi	10412 4 Pierogi (58 g)	0.5	25	28	38	22	8	13	21	120	15	1.5	0.5	0	370	55	24	2	0	0	6	0	2	2
CBF Pita Pockets	10621 1/2 pita (45g)	0.3	5	5	10	4	3	3	5	90	10	1	0	0	210	0	20	3	1	0	0	4	0	0
CBF Pizza Blanca	10904 1 pizza (150 g)	1.1	51	50	75	41	9	24	44	250	50	6	2	5	630	120	49	4	5	4	4	15	4	2
CBF Pizza Primavera	10908 1 pizza (145 g)	1.7	58	63	88	49	20	37	52	250	60	7	1	0	750	45	49	7	5	8	20	6	2	4
CBF Portabella Spinach Ravioli	10411 4 Raviolis (56 g)	0.4	21	25	29	18	7	16	16	110	30	3.5	1.5	0	220	60	18	2	0	6	2	2	2	2
CBF Pumpkin Raisin Cookies	10704 1 cookie (34 g)	0.1	5	6	8	4	1	2	4	140	50	6	3	5	85	40	24	2	9	10	0	4	2	2
CBF Raspberry Gems	10702 1 cookie (36 g)	0.3	12	19	24	13	5	5	12	130	45	5	3	10	15	0	21	0	11	2	0	0	0	0
CBF Santa Fe Biscuits	10914 1 filled biscuit (142 g)	1	59	51	78	43	15	34	51	480	200	23	9	15	630	120	69	2	14	15	15	20	2	4
CBF Shake 'N' Cheese	10309 3 gms (1 teaspoon)	0.1	5	8	11	6	2	3	7	15	0	0	0	0	180	5	2	0	0	0	0	0	0	0
CBF Short Grain Rice	10407 1/3 cup (50 g) dry	0.25	11	12	20	8	6	6	7	180	0	0	0	0	0	0	42	0	0	0	0	0	0	12



CBF = Cambrooke Foods  
1/31/2012

family to family



**Product Nutritional Profile**

SKU	Serving Size	Protein (g)	Phenylalanine (mg)	Valine (mg)	Leucine (mg)	Isoleucine (mg)	Methionine (mg)	Tyrosine (mg)	Threonine (mg)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)	Phosphorus (mg)	
<i>CBF Southwestern Biscuits</i>	10611 1 biscuit (50 g)	0.3	12	15	22	11	4	5	12	200	90	10	4	5	190	15	26	0	5	2	0	8	0	2	
<i>CBF Sugar Cookie Dough</i>	10607 28 g (1 cookie)	0.2	2	2	3	1	0.5	0.8	1	120	50	5	2	5	170	0	18	0	9	2	0	0	0	0	
<i>CBF Swiss Cheese Singles - 2 pack</i>	20312 1 slice (19 g)	0.4	20	26	37	20	9	17	17	35	20	2.5	0	0	210	15	3	0	0	0	0	0	0	4	
<i>CBF Toaster Topz - Banana Chip</i>	10612 1 toaster top (52 g)	0.1	6	7	9	5	1	2	5	160	45	5	1	0	150	25	33	5	9	0	0	6	2	2	
<i>CBF Toaster Topz -Tropical</i>	10613 1 toaster top (52 g)	0.1	3	5	6	3	1	2	3	150	35	4	0.5	0	150	20	33	5	8	0	2	6	0	2	
<i>CBF Tortilla Wraps (temporarily unavailable)</i>	10121 45 g (1 tortilla)	0.4	26	19	33	15	5	7	12	110	20	2.5	0.5	0	170	10	22	< 1	0	0	0	10	0	6	
<i>CBF Tuscan Pizza Crusts</i>	10115 1/4 crust/croûte (52g)	0.3	5	5	10	4	3	3	5	120	5	0.5	0	0	250	0	23	4	1	0	0	4	0	0	
<i>CBF Tweekz</i>	10902 3 pieces (96 g)	1.2	48	50	60	39	10	20	42	190	90	10	1	0	600	125	27	4	2	0	2	6	4	2	
<i>CBF Veggie Meatballs</i>	10911 2 Meatballs (64 g)	1.03	30	27	46	20	20	20	29	120	30	3	0	0	105	140	10	3	1	4	2	4	2	2	
<i>CBF Wheat Starch</i>	10203 3/4 cup (100g) packed	0.1	6	7	9	4	3	3	3	350	0	0	0	0	0	15	86	0	0	0	0	0	0	0	
<i>MACPAD's Family-Friendly PKU Recipes</i>	54550																								
<i>Wise Onion Rings</i>	27074 1 bag (14 g)	0.26	13	5	7	4	1	1	4	70	30	3	1	0	210	0	10	0	0	0	0	0	0	13	

